

A close-up photograph of a person's bare back. A hand is visible in the lower-left corner, with fingers slightly spread. The skin is light-toned and has several small, dark moles scattered across it. The text "PT-141" is printed in a large, white, sans-serif font in the center of the image. The lighting is soft and even, highlighting the texture of the skin. A small portion of a blue garment is visible at the bottom edge.

PT-141

PT-141 Injection

PATIENT GUIDE

This guide covers what PT-141 is, what to expect, and when to reach out to your clinical team.

What Is PT-141?

PT-141 (bremelanotide) is a synthetic peptide that activates melanocortin receptors in the brain, particularly in areas involved in sexual arousal. Unlike medications such as Viagra or Cialis, which work locally to increase blood flow, PT-141 works centrally in the brain to increase sexual desire and arousal.

Why Is PT-141 Prescribed?

PT-141 may be prescribed for:

- Hypoactive sexual desire disorder (HSDD) or low libido, in men and women
- Erectile dysfunction due to low psychological arousal or interest, including for those who haven't fully responded to PDE5 inhibitors (such as Viagra or Cialis). *Note that PT-141 does not address erection potential if related to severe vascular disease.*

What to Expect

This medication is given as a subcutaneous injection. **See additional documentation for how to administer a subcutaneous injection.**

- Taken on demand, 45–60 minutes before sexual activity
- Should not be used more than once every 24 hours and no more than 8 times per month
- Avoid excess alcohol when using this medication — it can add to dizziness or lightheadedness
- Your clinical team reassesses your dose at 4–8 weeks

Required Labs

No lab testing is required for PT-141.

Storage & Expiration

Storage: It is recommended to store your medication in the refrigerator, but always follow the pharmacy-specific storage instructions included with your medication if they differ.

Expiration: This medication expires 28 days after first puncture, regardless of how much remains. After that time, it should no longer be used.

Who Shouldn't Use PT-141

Do not take this medication if any of the following apply to you:

- Uncontrolled or poorly managed high blood pressure, or significant cardiovascular disease
- Currently using nitrates or other strong blood-vessel-dilating medications
- Pregnant, actively trying to conceive, or breastfeeding
- Known allergy to bremelanotide or related peptides

Talk to your clinician if the following apply to you as these conditions require extra monitoring:

- Severe GI disorder or are especially sensitive to blood pressure changes
- Take blood pressure medication or a PDE5 inhibitor (such as Viagra or Cialis)

Possible Side Effects

Common:

- Nausea — the most common side effect, affecting up to about 40% of people
- Flushing or a feeling of warmth
- Headache
- Dizziness
- Injection site redness, pain, or swelling
- A temporary rise in blood pressure or heart rate

Less common but serious:

- Vomiting
- Darkening of the skin or gums
- Spontaneous erections lasting several hours (different from priapism)
- Cramping or abdominal discomfort

If you experience any side effects, notify your clinical team through the portal.

When to Contact the Clinical Team

Stop using this product and contact your clinician through the portal if you develop:

- Severe nausea or vomiting
- Significant or symptomatic blood pressure changes (such as severe headache, dizziness, vision changes, chest pain, or palpitations)
- Signs of an allergic reaction

Go to your nearest Emergency Room or call 911 right away if you have difficulty breathing, fainting, dizziness that does not improve with rest, or swelling of your face, lips, tongue, or throat.

Questions?

Ask your clinical team through the portal if you have any questions or concerns.

This Information is made available to you through Altro. All content was provided, reviewed, and approved by the medical director of the clinical team.

